

A centered life with unlimited possibilities is within your reach!

Dear Friend:

Today, more people than ever are realizing the value of a balanced, healthy lifestyle. But with so many choices, and so many different directions, how can you be sure you're selecting the path that's right for you?

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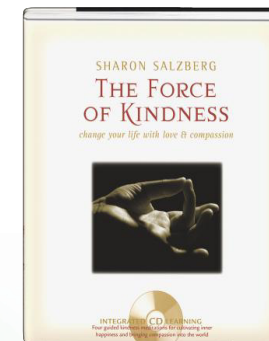
I look forward to hearing from you.

Warm regards,

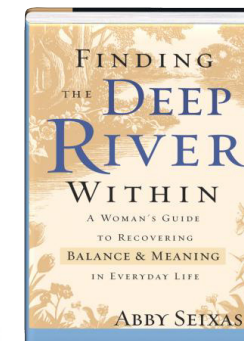
Kristine Pidkameny, Editor



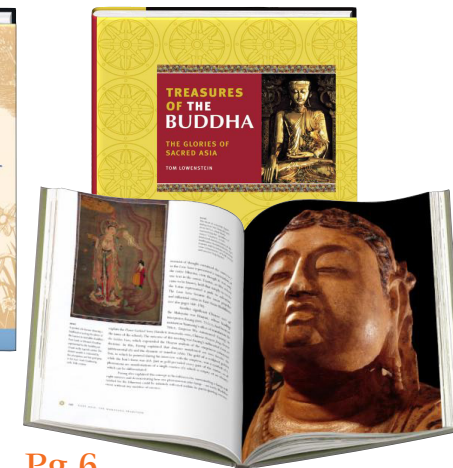
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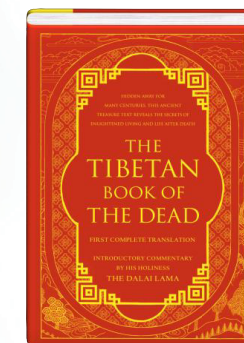
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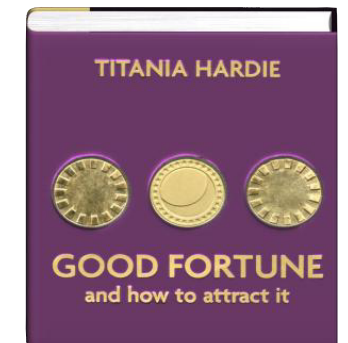
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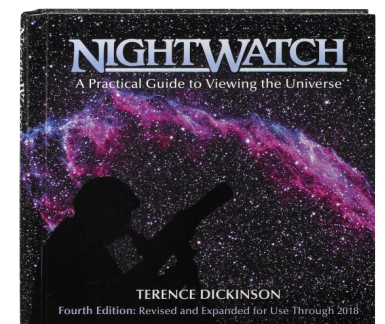
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